

BREAKTHROUGH FORUM

METHAMPHETAMINE RESEARCH – KEY FINDINGS

1.

KEY THEME: EDUCATION/ ADVOCACY

- Awareness of Services and accessibility
 - Understanding Methamphetamine
 - Understanding Addiction
 - Understanding the Law
- (For Community & Services)



RECOMMENDATIONS

1. Regular Service User Education
 - Service scope, how to access, when to access
 - Understanding addiction, meth, and the law
 - Key target groups (parents, youth, schools, isolated communities)
 - Regular forums, roadshow, website, brochure
2. Regular Service Networking Events
 - Who, what, where, why, how, when
 - Latest evidence & best practice
 - Emphasis on client centred collaboration & alliances
3. Advocating for a National Awareness Campaign
4. Developing a Localised Media Campaign with key messages

2.

KEY THEME: EDUCATION/ ADVOCACY

- Supporting families to cope with compounding issues such as: parenting, housing, stress, law, finances
- Identified need for a 'Navigator' that works much like Whānau Ora to support clients (including whānau) to access full range of support services



RECOMMENDATIONS

1. Navigator Role
 - Developing support plans
 - Supporting access to services
 - Within existing services or new roles
 - Removing existing contractual boundaries for this to occur allowing for greater flexibility
2. Continuation and strengthening of family support groups
3. Non-police emergency response
 - Explore TMAPS model
 - Explore ACC Sexual Assault model

3.

KEY THEME: SERVICE PROVISION

- Lack of rehabilitation services in Tauranga, including lack of Kaupapa Māori rehabilitation options
- Long waiting times for entry to rehab
- Lack of maternal outpatient support
- Lack of pre/post detox or rehab



RECOMMENDATIONS

1. Pre-Service Support
 - Support service for community to access while on waiting list for detox or rehabilitation
2. Post-Service Support
 - Support service for community to access following rehabilitation to support ongoing abstinence and after care
3. Maternal Outpatient Support
 - Support for mothers following birth to support the detox of the mother-baby dyad without removing them from their support structures.

4.

KEY THEME: RESEARCH/ INFORMATION

- Gaps in available/ accessible service data
- Gaps in evidence
- Client dissatisfaction in service provision
- Gap in whānau expectations vs. reality of service provision



RECOMMENDATIONS

1. One-Year Data Project
 - Collation of methamphetamine (and potentially other substances) specific data that is localised to WBoP services
2. Evaluation of Client Experiences
 - Inclusion of client voice to include a one-year case study approach to evaluating client experiences (both consumer and whānau) of navigating the support structures for addiction
3. Maternal Outpatient Support
 - Support for mothers following birth to support the detox of the mother-baby dyad without removing them from their support structures.